**JOB DESCRIPTION**

**Job Title:** Physical Health-nurse (RGN)

**Accountable to:** Hospital Director

**Responsible to:** Director Of Clinical Services

**Location:** Inmind Battersea Bridge House

**Salary:** £18.00 per hour

**Annual Leave:** 28 days including bank holidays

**Hours of Work:** 30.00 hours per week (Mon-Fri, 9am to 5pm) – flexibility required

**Main Purpose**

The post will support the expanding physical health service on site, working within a primary care model and delivering services alongside the GP.

The role of the Physical Health Nurse is to work as an effective member of the multi-Disciplinary team. Promote the best interests of the patients and carers and ensure that prescribed nursing care is effectively implemented. Responsible for maintaining a safe care environment. Exercise professional accountability and responsibility using professional skills, knowledge, and expertise in changing environments and to work within the scope of professional practice.

**The Post holder will be expected to:**

* Carrying out physical examinations and investigatory procedures (triage)
* Chronic health conditions management.
* Venepuncture
* Requesting pathology tests
* ECGs
* New patient medicals/urinalysis
* Assist and perform routine tasks related to patient care as directed by senior nursing staff.
* Ear Syringing
* Removal of sutures and wound management

**Management of risk**

* Manage and assess risk within the areas of responsibility, ensuring adequate measures are in place to protect staff and patients
* Monitor work areas and practices to ensure they are safe and free from hazards and conform to health, safety and security legislation, policies, procedures, and guidelines
* Ensure safe storage, rotation and disposal of vaccines and drugs
* Act as a role model to support members of the nursing team to undertake mandatory and statutory training requirements
* Apply infection-control measures within the practice according to local and national guidelines
* Participate in the local implementation strategies that are aligned to the values and culture of general practice
* To develop confidence and competence to manage emergency response duties.
* To be familiar with the safeguarding Vulnerable Adults Policy and enforcing if necessary.

**Communication**

* Demonstrate sensitive communication styles to ensure patients are fully informed and consent to treatment
* Communicate effectively with patients and carers, recognising the need for alternative methods of communication to overcome different levels of understanding, cultural background, and preferred ways of communicating, including those receiving “bad news”
* Act as an advocate when representing patients and colleagues
* Participate in team meetings, delivering the nursing agenda and run nurse department meetings
* Produce written documents that evidence the contribution of the nursing team to the hospital priorities

**Person specification**

**Essential:**

* Knowledge of management of patients with long-term conditions
* Knowledge of physical health issues
* Practice of medical emergency scenarios
* Clinical leadership skills
* Clinical skills – immunisation and vaccination, diabetes, epilepsy, stoma care wound care
* Change-management skills and ability to support patients to change lifestyle
* Communication skills, both written and verbal
* Ability to communicate difficult messages to patients and families
* Negotiation and conflict management skills
* IT skills
* Minimum 3 years post registration experience
* Up to date NMC registration
* Experience in nurse-led management of long-term conditions
* Experience in implementing protocols and clinical guidelines
* Experience in quality initiatives such as clinical benchmarking
* Audit skills
* Nursing diploma/degree
* Clinical supervision experience
* Self-directed
* Highly motivated
* Enthusiasm
* Team player
* Ability to work across boundaries
* Treat others with dignity and respect

**Desirable:**

* Ability to identify determinates on health in the hospital
* Knowledge of physical health issues in the hospital
* Understanding of basic mental health issues
* Wider health issues awareness
* Management knowledge
* Research Programmes
* Experience of management of Minor Illness
* Mentor/teaching experience

**GENERAL**

The post holder is required to comply with legal and professional responsibilities of the post, and with the policies and procedures of the Hospital, which will be referred to in the contract of employment**.**

This job description is not exclusive or exhaustive and the post holder will be required to undertake such duties as may reasonably be expected within the scope of the post. Inmind Ltd reserves the right to amend this job description from time to time, in discussion with the post holder, accord to business needs. Any changes will be confirmed in writing.

**Equality and diversity**

* Identify patterns of discrimination and take action to overcome this and promote diversity and equality of opportunity
* Support people who need assistance in exercising rights
* Monitor and evaluate adherence to local chaperoning policies
* Accept the rights of individuals to choose their care providers, participate in care and refuse care
* Assist patients from marginalised groups to access quality care