



Waterloo Manor Hospital, Leeds

Supporting women with complex mental health needs

About Us

Waterloo Manor Hospital is a specialist hospital dedicated to supporting women with complex mental health needs, particularly personality disorders. Situated in serene, landscaped grounds on the outskirts of Garforth, Leeds, our facility blends exceptional clinical expertise with compassion, dignity and hope.

The team provides compassionate, person-centred and evidence-based care for individuals experiencing a wide range of mental health conditions, including personality disorders, severe mental illness and co-occurring needs such as substance misuse, learning disabilities, disordered eating and dissociative identity disorder. We also support people whose behaviours may be perceived as challenging to services.

Individuals are supported by a highly experienced Multidisciplinary Team (MDT), which includes Consultant Psychiatrists, Doctors, Nurses, Psychologists, Occupational Therapists and Social Worker.

Approaches include Dialectical Behaviour Therapy (DBT) and Schema Therapy, with a strong focus on trauma-informed care. Occupational Therapists help develop practical coping strategies through meaningful daily activities and vocational support, alongside a social worker who co-ordinates family involvement, legal matters, and discharge planning to ensure continuity of care within the community.



**Enquiries &
Referrals:**

T: 0330 236 8231
E: referrals@ihcm.co.uk

Accommodation

Low Secure (17 beds), specialist assessment and treatment for women with complex personality disorders.

Psychiatric Intensive Care Unit (PICU) (8 beds), for those who require short term intensive clinical input and stabilisation with step-down options available when clinically required.

Level 2 Rehabilitation Units (8 beds) a high dependency rehabilitation service
Level 2 Rehabilitation Units (14 beds) structured rehabilitation services promoting independence, skill-building and community reintegration. Holly House, bespoke, community focussed care, tailored to the needs of each individual.

Environment

- En-suite bedrooms
- Spacious communal lounges and therapy rooms
- Hair salon, nail bar, and cinema
- Gym and private gardens
- Semi-independent apartments and rehabilitation kitchens
- Multi-faith reflection space



Family Carers

We understand the vital role families and carers play. Our open communication, educational sessions and comfortable visitor areas ensure families remain integral to the recovery journey.

Admissions and Referrals

On admission, safety and immediate needs are assessed and treatment started. Following this, there is a full MDT meeting where a full assessment is completed, and care and treatment discussed in consultation with the patient. Discharge planning starts at the point of admission.

The Central Referrals Team coordinates enquiries, information gathering, assessment and funding discussions and keeps referrers informed throughout the process. We aim to respond to all PICU referrals within one hour of receipt of clinical information.

Central Referrals Team T: **0330 236 8231** E: referrals@ihcm.co.uk



Part of



Integrated Health
Care Management Group



Integrated Health Care Management Group (IHCM) is a UK-based health and social care management organisation. IHCM operates and manages a network of hospitals, residential and nursing care homes and supported living services, providing governance, clinical oversight and strategic leadership across the Group. Individual services are registered and regulated through their respective provider organisations, with IHCM providing the management infrastructure and support to deliver safe, high-quality and compassionate care. ihcm.co.uk

Waterloo Manor Hospital

Selby Road, Garforth
Leeds, LS25 1NA

 0330 822 7851
 inmind.co.uk

Stay connected



Integrated Health
Care Management (IHCM)